

NYAYA HEALTH NEPAL

ANNUAL REPORT 2073 - 2074

2073/04/01 - 2074/03/31



TABLE OF CONTENTS

Letter from the Leadership	3
Where We Work	4
Key Statistics	4
Integrated Healthcare Services	5
Snapshot of FY 2073 – 2074	6
Key Performance Indicators (KPI)	7
Impact	8
Highlights	9
Financials	10



LETTER FROM THE LEADERSHIP

Dear Partners,

As world leaders commit to closing the gap around universal healthcare, we at Nyaya Health Nepal are hard at work designing and implementing health systems that put the most underserved patients at the center.

Over nearly a decade, we have learned that the most effective way of improving patient outcomes requires high-quality facilities integrated with a Community Healthcare Worker (CHW) network that expands care in last mile communities. We also know that the best way of driving down morbidity and mortality cannot come at a financial hardship to patients.

For us, the year 2073–74 represented a tipping point. We witnessed our expanded CHW network and newly created Electronic Health Record (EHR) converge. The number of people enrolled in our system with a unique identifier, that will stay with them for the life of their care, increased to over 81,000.

We are building an adaptive system that can actively survey disease and respond quickly to prevent epidemics. It can also provide

targeted care to patients who need heightened levels of support, so that a pregnant woman, for example, can receive a customized birth plan based on her unique health condition. As a result of our focus on maternal health, institutional birth rate has risen from 30% in 2068 – 69 to over 95% in 2073 – 2074.

The historic passage of the National Health Insurance Act in the Parliament represents an important step towards ensuring the right for all to essential healthcare enshrined in the constitution. As an organization focused on the delivery of patient-centric, quality care for underserved rural populations, Nyaya Health is committed to supporting the government in making the National Health Insurance Scheme a success and scaling our integrated healthcare delivery approach to more people as a result of this financing scheme.

We are grateful to the Ministry of Health and to all of our partners for enabling us to deliver quality care to thousands across Nepal. We cannot do this work without you.

Team Nyaya Health Nepal

WHERE WE WORK



Achham

Bayalpata Hospital
 Bayalpata and Kamal Bazaar
Catchment Area Population
 60,000
Number of Staff
 160



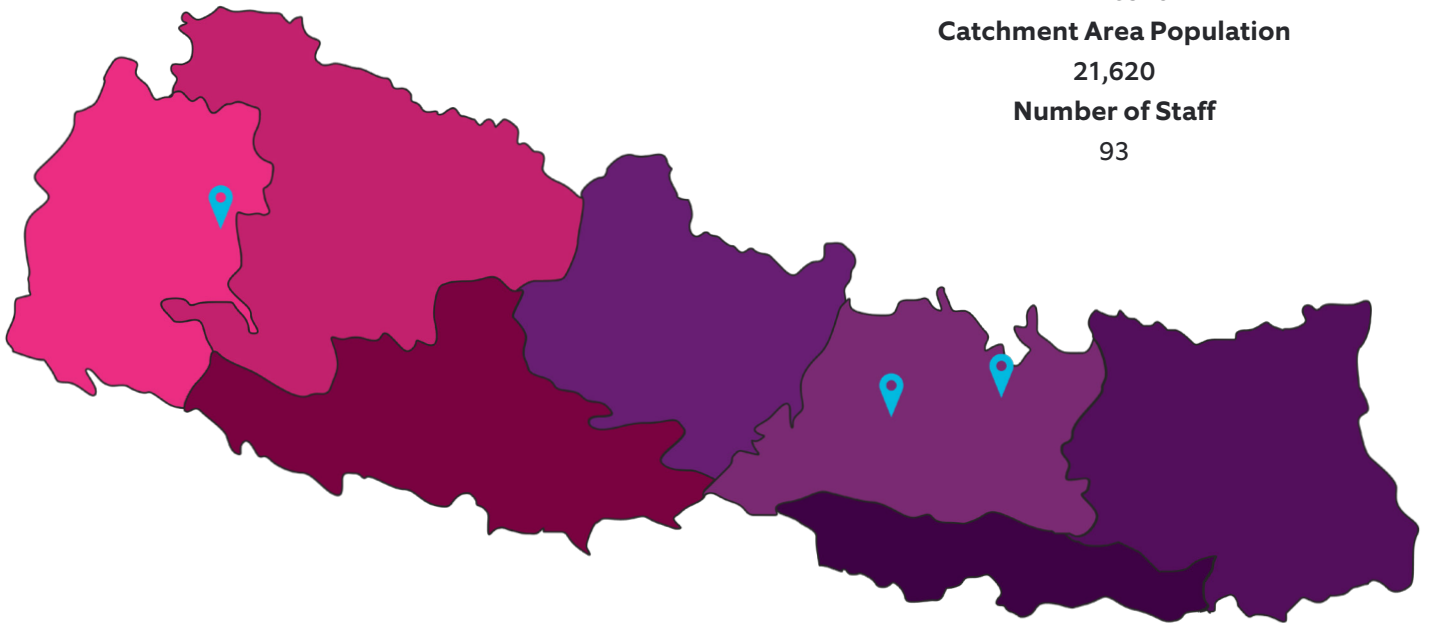
Kathmandu

***Administrative Only**
Number of Staff
 31



Dolakha

Charikot Hospital
 Bhimeshor
Catchment Area Population
 21,620
Number of Staff
 93



Key Statistics

Total number of patients treated since 2064-65	538,961
Total number of staff	284

Team Allocation

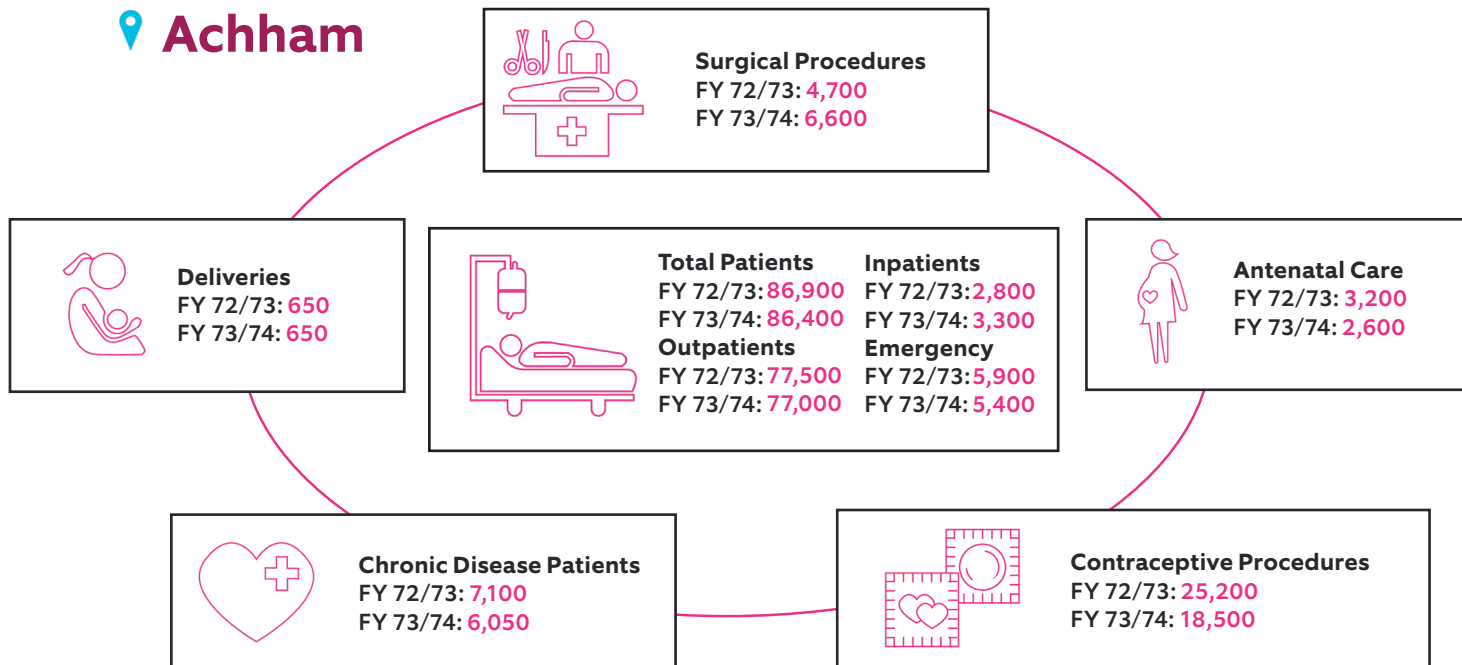
Hospital Healthcare Delivery	206
Community Healthcare Delivery	47
National (Leadership & Program Design)	31

INTEGRATED HEALTHCARE SERVICES

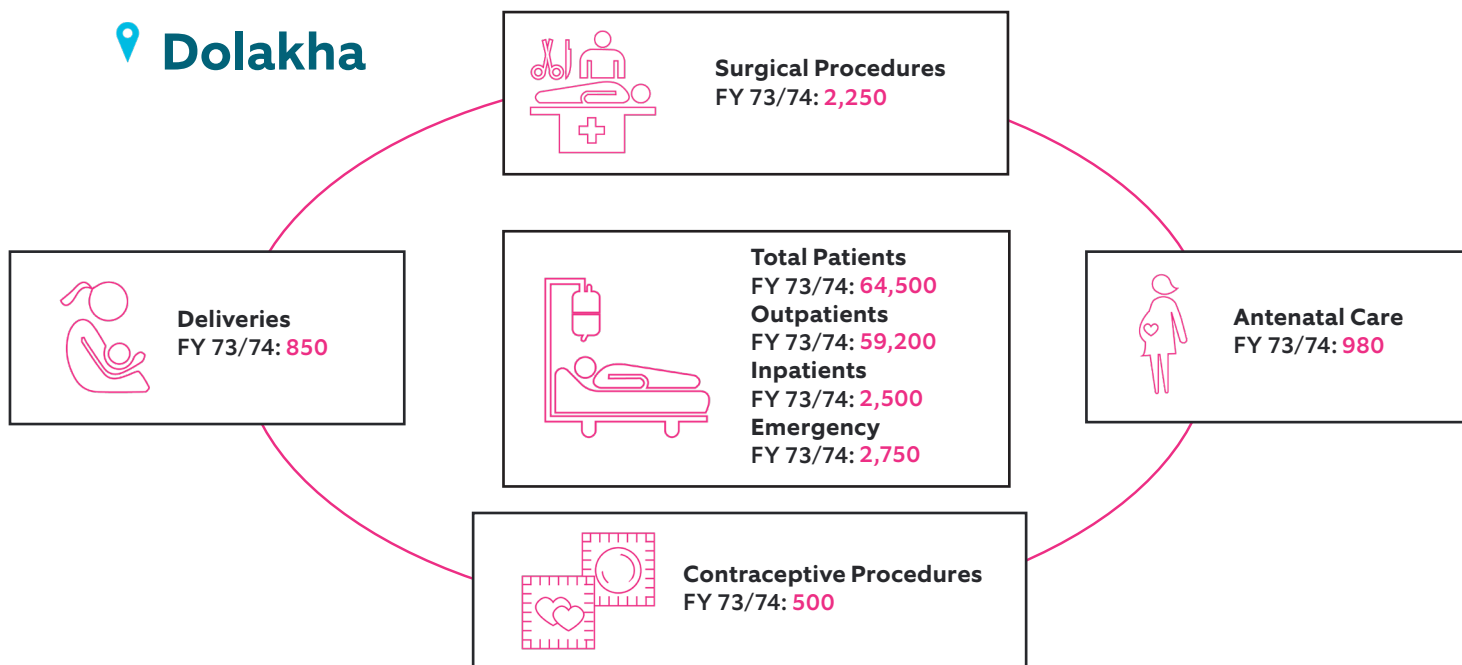
	Hospital	Community Healthcare
Institutional Birth Rate	Cesarean section	Individualized birth planning for all pregnant women
	Ambulance services	Group antenatal and pediatric care
	Lab services–focus on pregnancy risk stratification	Active surveillance of pregnancy and early childhood illness
	Ultrasound	Support in receiving government ANC reimbursements
Postpartum Contraceptive Prevalence Rate	Permanent family planning methods	Breastfeeding support
	Reversible family planning methods	Postpartum counseling
	Postpartum counseling	
Surgical Complications Rate	General surgery	Home visits for patients following surgery (adherence, counseling, coordination for facilities-based care)
	Orthopedic surgery	
	Lab services–focus on surgical risk and complications assessment	
	X-Ray	
Chronic Disease Control Rate	Outpatient services for chronic diseases	Home visits for chronic diseases patients (adherence, counseling, coordination for facilities-based care)
	Outpatient mental health services	Home visits for mental health patients (adherence, counseling, coordination for facilities-based care)
	Laboratory investigations for chronic diseases	Passive surveillance of chronic diseases
Universal Services	Enrollment in Electronic Health Record	Enrollment in Electronic Health Record
	Inpatient, Outpatient, Surgical & Emergency Care	Home-based follow-up visits for adherence & counseling
	Lab services, including microbiology	Active surveillance & referrals for facilities-based care
	X-Ray & ultrasound services	
	Government vertical programs (HIV, TB, Safe Motherhood, etc.)	

SNAPSHOT OF FY 2073 - 2074

Achham



Dolakha



KEY PERFORMANCE INDICATORS (KPI)



	<p>Institutional Birth: Target 95% The % of women giving birth in a healthcare facility with a trained clinician. Global Comparison: Global % of births with a skilled birth attendant 79% (2016) UNICEF National Comparison: 55.2% (2014) UNICEF</p>	<p>95% (Achham)</p>	<p>78%</p>	<p>78%</p>
		<p>FY 73/74</p>	<p>FY 72/73</p>	<p>FY 71/72</p>
	<p>Contraceptive Prevalence: Target 40% The % of reproductive aged women who delivered in the past 2 years using modern contraceptive methods. Global Comparison: Global % contraceptive prevalence 65% (2015) UN National Comparison: 49.6% (2014) World Bank</p>	<p>45% (Achham)</p>	<p>45%</p>	<p>34%</p>
		<p>FY 73/74</p>	<p>FY 72/73</p>	<p>FY 71/72</p>
	<p>Surgical Complications: Target <5% The % of complications reported prior to discharge after surgical services are provided at our healthcare facilities.</p>	<p>0% (Achham and Dolakha)</p>	<p>0%</p>	<p>0%</p>
		<p>FY 73/74</p>	<p>FY 72/73</p>	<p>FY 71/72</p>
	<p>Chronic Disease Control : Target 50% The % of total chronic disease patients under our care who have their disease under control.</p>	<p>32% (Achham)</p>	<p>50%</p>	<p>50%</p>
		<p>FY 73/74</p>	<p>FY 72/73</p>	<p>FY 71/72</p>

IMPACT FROM FY 2073 – 2074

1. Treated 150,000 patients at Bayalpata and Charikot Hospitals, in addition to completing 500,000 patient visits since Nyaya Health Nepal's inception.
2. Established Bayalpata Hospital as an innovation hub for rural healthcare learning. Initiated Orthopedic surgeries, started a Mental Health program, and became one of the 81 Multiple Drug Resistant Tuberculosis (MDRTB) sub-centers in Nepal.
3. Celebrated one-year anniversary of Charikot Hospital, in partnership with the government, that we managed in the aftermath of 2015 earthquakes.
4. Observed an increase in institutional birth rate, a proxy for maternal mortality, in the 14 village clusters in Achham, where Nyaya Health Nepal works, to 95% in 2073/74, up from 30% in 2067/68.
5. Enrolled over 81,000 patients our Electronic Health Record system, in addition to deploying an integrated digital platform to link patient records across Community Healthcare and Hospital programs.
6. Expanded the Community Healthcare to Dolakha to reach 25,000 people in Charikot Hospital's catchment area.
7. Secured district-wide authorization by Nepal's Ministry of Health to scale up our professionalized CHW program throughout Achham and Dolakha districts.
8. Established Gender Equity Committee (GEC), a cross department advocacy group to identify and problem solve around structural inequity at the organization-wide and population health levels.
9. Bayalpata Hospital was selected as the only privately managed government hospital to participate in the national health insurance scheme rollout pilot.
10. Rebuilt 21 health posts, a critical component to the public health system infrastructure damaged by the 2015 earthquakes.



HIGHLIGHTS IN FY 2073 – 2074

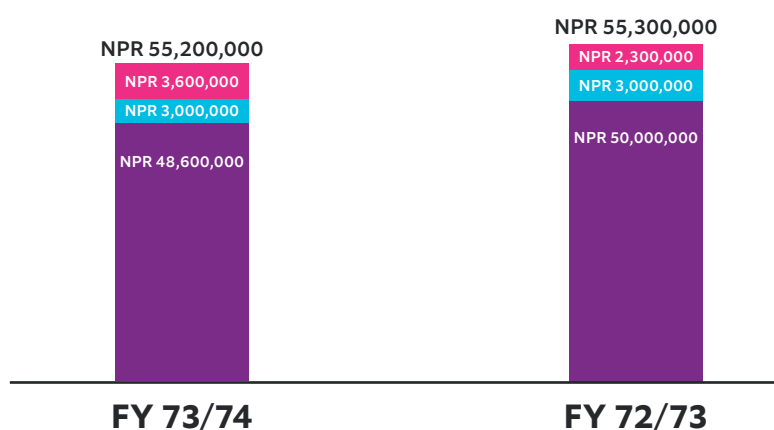


1. Secured an agreement to enroll Community Healthcare services in all districts of Achham and Dolakha within the next three years, as a result of our work with the National Community Health Worker RMNCH (Reproductive, Maternal, Neonatal & Child Health) USAID PEER Study.
2. Received Chandrakumari-Himalayaraj Joshi Healthcare Award and a cash prize of NPR 25,000 by the former President Dr. Ram Baran Yadav.
3. Awarded Community Hospital Grant worth NPR 53,707,000 for Bayalpata and Charikot Hospital, by the Ministry of Health.
4. Featured in a documentary film, [The Life Equation](#), depicting the struggles and hopes of governments, providers, patients, and families grappling with harsh realities of disease.
5. Electronic Health Record (EHR) featured in a study of overseas innovators on [how tech tools are the key to improving health outcomes](#) while reducing cost.
6. Participated on Harvard's [Global Health Delivery Online](#) panel to share recommendations around strengthening Community Health Workforce worldwide.
7. Invited to share advice at the [Primary Care Coalition workshop hosted by World Economic Forum](#) on financially viable models of healthcare that can be scaled and replicated in any context to meet SDG around Universal Healthcare coverage.
8. Invited to participate on Nepal Lancet Commission on High Quality Health Systems for Sustainable Development Goals to inform country-wide health systems and the work of the Global Commission.
9. Finalist for [BMJ South Asia Awards](#) for our innovative mental healthcare collaborative model in Achham. Nominated for “Non-Communicable Disease Initiative” category and “Healthcare Innovation of the Year” category for strengthening healthcare systems in post-earthquake Dolakha.

FINANCIALS

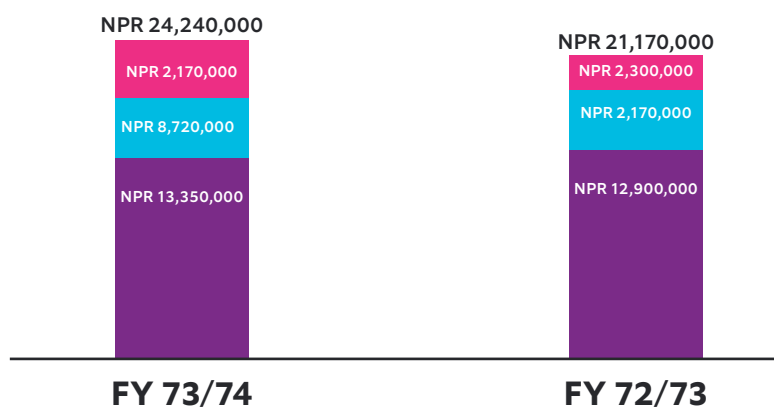
Cash Contribution from Government of Nepal

Cash Contribution from Government of Nepal	FY 73/74 (NPR)	FY 72/73 (NPR)
Capital Funding	48,600,000	50,000,000
Performance Based Grant Agreement	3,000,000	3,000,000
Other	3,600,000	2,300,000
Total	55,200,000	55,300,000

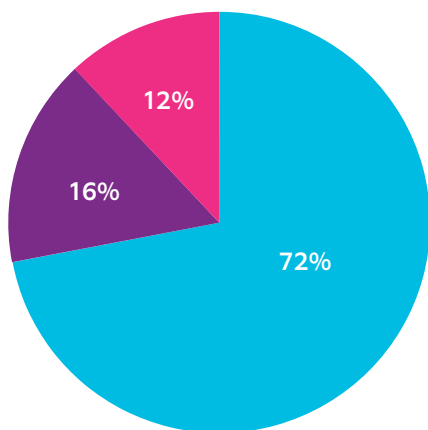


In-kind Support from Government of Nepal

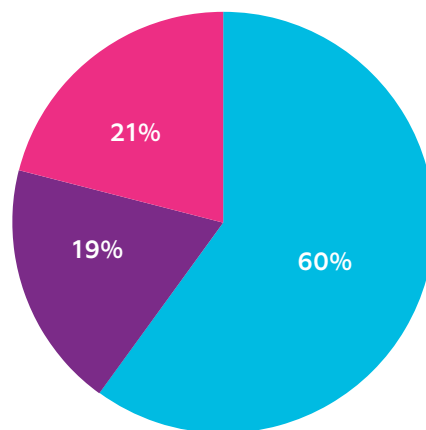
In-kind Support from Government of Nepal	FY 73/74 (NPR)	FY 72/73 (NPR)
Pharmaceutical, Supplies & Medical Equipment	13,350,000	12,900,000
Staffing	8,720,000	6,100,000
Land & facilities	2,170,000	2,170,000
Total	24,240,000	21,170,000



Revenue by type	FY 73/74 (NPR)	FY 72/73 (NPR)
Possible / Philanthropic Partner	365,330,000	243,960,000
Government of Nepal	79,420,000	76,430,000
Other Sources	59,370,000	89,325,000
Total	504,120,000	409,715,000

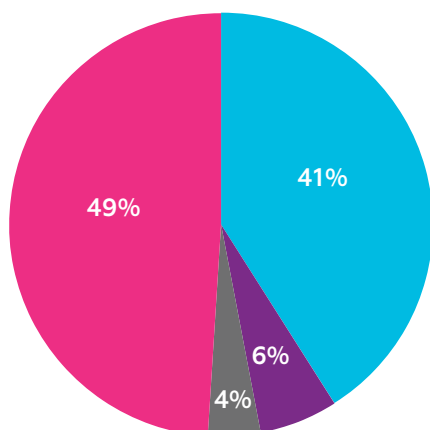


FY 73/74
NPR 504,120,000

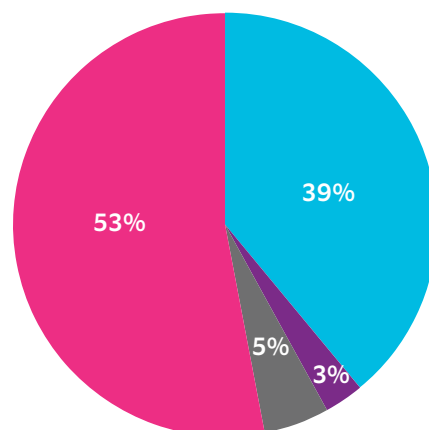


FY 72/73
NPR 409,715,000

Expense by type	FY 73/74 (NPR)	FY 72/73 (NPR)
Capex Projects	216,520,000	166,080,000
National [Leadership & Program Design]	32,260,000	14,700,000
Community Healthcare Delivery	22,890,000	19,980,000
Hospital Healthcare Delivery	257,470,000	228,580,000
Total	257,470,000	429,340,000



FY 73/74
NPR 257,470,000



FY 72/73
NPR 429,340,000



Nyaya Health Nepal (NHN) delivers high-quality, affordable healthcare in rural Nepal.

Impacted by civil war and natural disasters, NHN is helping to transform health systems in partnership with the Ministry of Health. We deliver care to over 150,000 patients annually in two hospital hubs and through our community health worker network. We have witnessed dramatic results through our integrated hospital-to-home model that has helped reduce maternal and infant morbidity and mortality. We envision a future where everyone regardless of location or income, is guaranteed universal health coverage as a human right, not a privilege.



Bayalpata Hospital
Sanfebagar, 10700

Nyaya Health Nepal (NHN)
700 Bluebird Complex, Floor 7
Tripureshwor, Kathmandu

Charikot Hospital
Bhimeshwar, 45500

Get in touch

answers@possiblehealth.org